

### **Newington Electoral Ward, Thanet**

### **Baseline Health Needs Assessment**

September 2013

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### **Executive Summary**

Newington electoral ward is amongst the most deprived quintile of wards in Kent County and two of its three lower super output areas rank within the 6% most deprived areas in England.

As with the rest of east Kent, the highest proportion of the population of Newington is white British but from 2001 to 2011 there was a three fold an increase in the percentage ethnic population in Thanet. Thus, the population is becoming more diverse.

The trend of all age all cause mortality rates not only shows Thanet to be higher than the other districts in east Kent, but also shows that the gap between the districts is getting wider. Newington ward has the eighth lowest life expectancy (78.2 years) of all wards in the Thanet district. For this time period, 2006-2010, the difference, i.e. the health inequality, just across the wards in Thanet is 12.0 years, and it continues to increase. Key killers for this population are circulatory disease, respiratory disease and cancers, particularly of the lung.

Newington ward has amongst the highest rates of smoking prevalence in Kent. Rates of smoking in pregnancy as well as smoking related deaths are higher in Thanet than the England average. There has been a decrease in the rate of teenage conceptions in Thanet and even more so in Newington ward. Newington has the highest age specific contact rates for children and adolescent mental health services and the lowest prevalence of breastfeeding after 6-8 weeks. The cancer screening rates are generally lower than many other areas in Thanet.

A high proportion (30%) of Newington ward residents attended Accident and Emergency departments, 9% attending multiple times over the year. However, between 2010/11 and 2012/13 A&E attendance by Newington residents has decreased by 6% - a greater decrease than that seen in Thanet as a whole (1%).

### Public Health information for Newington ward

### 1.0 General overview

Figure 1.1 The electoral ward of Newington is located two miles inland from Ramsgate on the south eastern coast of the Isle of Thanet.



Newington ward comprises three Lower Super Output Areas (LSOAs), all of which fall within Kent's most deprived quintile of LSOAs as measured by the Index of Multiple Deprivation, 2010. With national ranks of 1679<sup>th</sup> and 1900<sup>th</sup>, two of Newington's LSOAs fall within England's top 6% deprived areas.

Mortality in the Newington area is higher than the district average would be expected and life expectancy is lower than the district average.

**2.0 Population** Recent electoral ward estimates for 2011 suggest that Newington ward comprises 5.056 residents, with similar numbers of males and females.

		Num	ber of Resic	lents
Electoral Ward Code	Electoral Ward Name	Male	Female	Total
29UNGE	Beacon Road	2205	2420	4625
29UNGF	Birchington North	1707	1996	3703
29UNGG	Birchington South	2905	3342	6247
29UNGH	Bradstowe	1937	2130	4067
29UNGJ	Central Harbour	4126	4138	8264
29UNGK	Cliffsend and Pegwell	2269	2438	4707
29UNGL	Cliftonville East	2970	3293	6263
29UNGM	Cliftonville West	4651	4548	9199
29UNGN	Dane Valley	3675	4164	7839
29UNGP	Eastcliff	3912	4138	8050
29UNGQ	Garlinge	2346	2509	4855
29UNGR	Kingsgate	1013	1145	2158
29UNGS	Margate Central	2729	2682	5411
29UNGT	Nethercourt	2211	2378	4589
29UNGU	Newington	2408	2648	5056
29UNGW	Northwood	3128	3401	6529
29UNGY	Salmestone	2760	3016	5776
29UNGZ	Sir Moses Montefiore	2446	2705	5151
29UNGX	St Peters	3256	3782	7038
29UNHA	Thanet Villages	3303	3459	6762
29UNHB	Viking	3372	3642	7014
29UNHC	Westbrook	2064	2052	4116
29UNHD	Westgate-on-Sea	3259	3724	6983
Thanet Distric	Authority Total	64652	69750	134402

Table 2.0.1 Numbers of residents of Newington ward, 2011 compared with	n other wards
and Thanet District	

Source: Office of National Statistics

### 2.1 Age structure

The age structure of the Newington area differs from that of Thanet, Kent County and England with considerably higher proportions of young people aged 0-14 and slightly higher proportions of people aged 15-24 than all comparator areas. This differs from the local structure for Thanet overall, which has a considerably older population than national levels, in that 21% of Thanet's population is aged 65+, compared to 16% for the rest of the country. In contrast, Newington's percentage of older people aged 65+ is less than that of England and Wales.

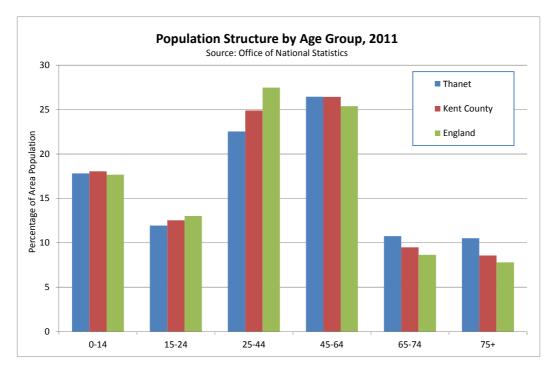
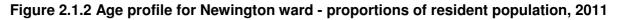
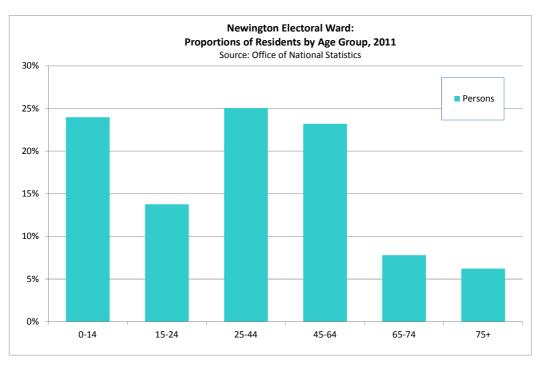


Figure 2.1.1 Age structure of Thanet compared to Kent County and England





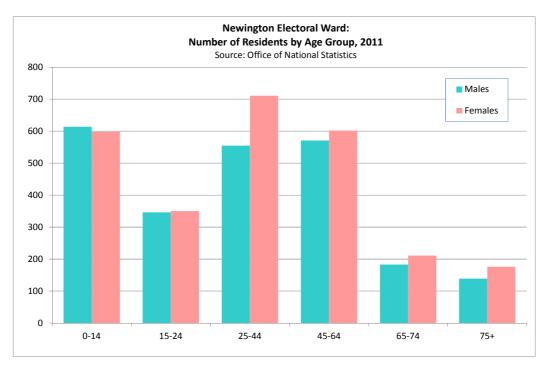


Figure 2.1.3 Age profile for Newington ward - number of resident population, 2011

### 2.2 Ethnicity

As with the rest of east Kent, the highest proportion of the population of Newington ward is white British. The ethnic mix of the population and population totals are shown in Table 2.2.1. Ethnicity data are old because they are derived from the 2001 census but they are the most up to date until results of the 2011 census become available at this level.

Electoral Ward	White	Mixed	Asian or Asian British	Black or Black British	Chinese or other ethnic group	Other	All People	% Ethnic Origin
Beacon Road	4403	28	25	6	8	12	4482	1.8%
Birchingon North	3599	24	30	6	8	8	3675	2.1%
Birchington South	6063	46	13	13	21	13	6169	1.7%
Bradstowe	3990	28	18	8	27	5	4076	2.1%
Central Harbour	7345	77	56	26	47	21	7572	3.0%
Cliffsend and Pegwell	4352	38	20	10	24	8	4452	2.2%
Cliftonville East	5947	46	62	10	48	23	6136	3.1%
Cliftonville West	6547	105	113	107	67	26	6965	6.0%
Dane Valley	7803	70	45	23	35	16	7992	2.4%
Eastcliff	6834	44	31	43	68	10	7030	2.8%
Garlinge	4801	27	11	6	10	8	4863	1.3%
Kinsgate	1929	15	12	0	13	6	1975	2.3%
Margate Central	4595	66	31	52	26	11	4781	3.9%
Nethercourt	4117	45	10	6	30	18	4226	2.6%
Newington	4949	42	5	8	6	14	5024	1.5%
Northwood	6468	45	31	10	15	14	6583	1.7%
St Peters	6615	44	51	15	40	13	6778	2.4%
Salmestone	5288	54	40	7	20	4	5413	2.3%
St Moses Montefiore	4764	36	18	16	9	7	4850	1.8%
Thanet Villages	5800	40	23	7	15	4	5889	1.5%
Viking	6922	46	71	11	49	10	7109	2.6%
Westbrook	4218	42	18	16	23	7	4324	2.5%
Westgate on Sea	6421	65	41	24	42	21	6614	2.9%
Thanet Total	123770	1073	775	430	651	279	126978	2.5%

Table 2.2.1 Ethnic profile and population statistics for Newington ward, 2001

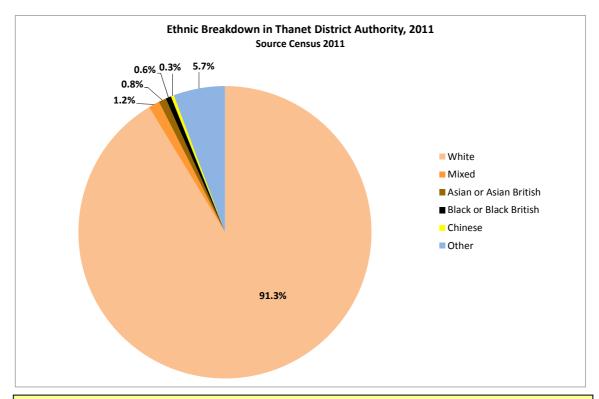
Source: Census 2001

Table 2.2.2 and Figure 2.2.1 show ethnicity at district authority level as measured by the 2011 census. These estimates do have drawbacks as figures are rounded and they appear to have amalgamated groups such as 'Chinese' with 'Other'. Even with these drawbacks and their lack of availability at ward level, they are of interest because they indicate that the percentage of ethnic residents in Thanet district has risen from 2.5% in 2001 to 8.7% in 2011. This may reflect an increase in migration from eastern Europe as increases in proportions of those of 'other ethnic origin' have occurred between the two census periods.

Area	White	Mixed	Asian or Asian British	Black or Black British	Chinese	Other	All People	% Ethnic origin
Thanet	122,559	1,647	1,100	824	450	7,606	134,186	8.7%
Kent County	1,318,482	16,783	23,923	14,816	5,978	83,758	1,463,740	9.9%

Table 2.2.2 Ethnic profile of Thanet District Authority, Census 2011





### **In Summary**

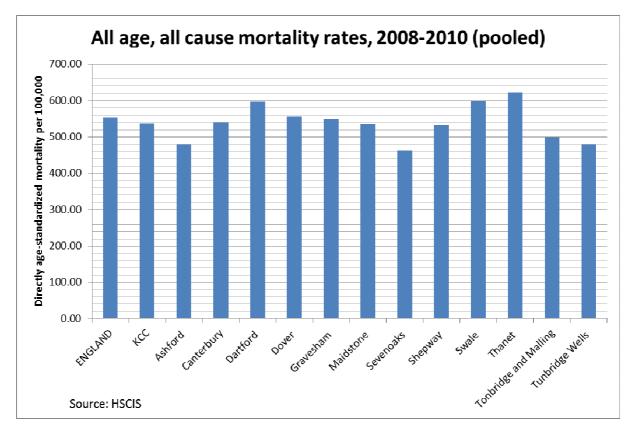
Newington electoral ward is amongst the 20% most deprived in Kent County and parts of the area rank among the 6% most deprived in England.

In Newington electoral ward there are considerably more younger people aged under 25 than is typical of the Thanet district council area.

As with the rest of east Kent, the highest proportion of the population is white British but from 2001 to 2011 there was a three-fold increase in the percentage ethnic population of Thanet.

### 3.0 Mortality

Across east Kent, illnesses such as coronary heart disease, cancer and respiratory conditions continue to contribute most significantly to mortality.





The directly standardised all age all cause mortality rate in 2008-10 in the Thanet district is the highest in Kent County and above the England rate. Differences in the age and sex of the population of Thanet have been included in the calculation of the mortality rate in this graph. The high rate is therefore due to other, most likely socio-economic, factors.

#### 3.1 Mortality from all causes, all ages

All cause, all age mortality is higher in Newington than in Thanet district and Kent county overall. Because of statistically low numbers of events (relative to population size), electoral ward mortality rates can fluctuate substantially year-on-year, but the district authority and county rates are more robust, making them useful as comparators.

### Table 3.1.1 Directly age-standardised mortality rates per 100,000 residents (ASR). Electoral wards and Thanet, 2007-2011 (pooled) - All ages, all causes

					95% Cor Inter	
Electoral Ward Code	Electoral Ward Name	Actual Number of Deaths 2007-11	Average Annual Number of Deaths	ASMR / 100,000	Lower	Upper
29UNGE	Beacon Road	372	74	723.0	639.1	806.8
29UNGF	Birchington North	364	73	439.2	378.6	499.8
29UNGG	Birchington South	479	96	440.9	392.8	489.0
29UNGH	Bradstowe	284	57	511.9	440.0	583.8
29UNGJ	Central Harbour	404	81	684.5	613.0	755.9
29UNGK	Cliffsend and Pegwell	279	56	465.0	404.6	525.3
29UNGL	Cliftonville East	461	92	480.2	425.5	535.0
29UNGM	Cliftonville West	669	134	946.0	863.3	1028.7
29UNGN	Dane Valley	293	59	559.7	493.1	626.4
29UNGP	Eastcliff	440	88	812.3	731.3	893.2
29UNGQ	Garlinge	204	41	507.7	432.6	582.7
29UNGR	Kingsgate	116	23	412.1	326.3	497.9
29UNGS	Margate Central	350	70	1108.5	985.5	1231.5
29UNGT	Nethercourt	237	47	497.1	425.8	568.4
29UNGU	Newington	216	43	692.2	597.5	786.9
29UNGW	Northwood	358	72	554.7	491.9	617.6
29UNGX	St Peters	465	93	542.5	486.2	598.8
29UNGY	Salmestone	290	58	580.8	506.1	655.5
29UNGZ	Sir Moses Montefiore	265	53	675.2	589.3	761.0
29UNHA	Thanet Villages	289	58	475.7	416.9	534.4
29UNHB	Viking	618	124	603.1	548.4	657.7
29UNHC	Westbrook	306	61	766.3	672.2	860.4
29UNHD	Westgate-on-Sea	705	141	741.1	674.0	808.3
Thanet Total		8464	1693	614.8	600.1	629.6
KCC Total		67692	13538	540.8	536.4	545.3

Sources: Public Health Mortality File, ONS Mid-Year Population Estimates

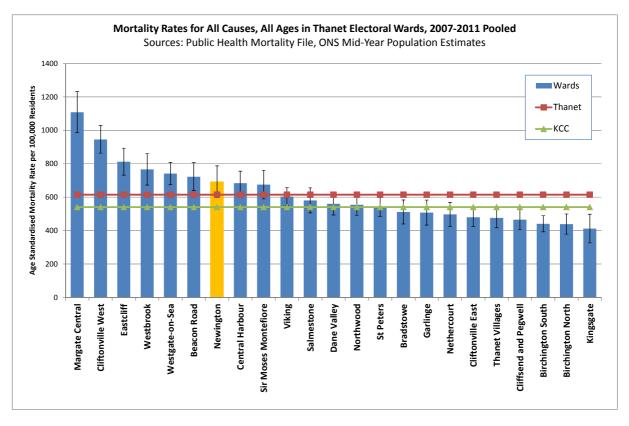
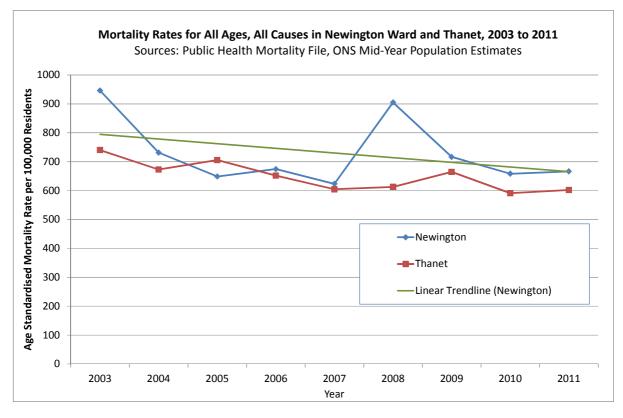


Figure 3.1.1 Mortality rates for all ages, all causes in Thanet, 2007-2011

In the 2007-2011 time period, there were 8464 deaths in Thanet and the age standardised rate (ASR) was 615 per 100,000 residents. Newington's mortality rate was 692 per 100,000 residents, 13% higher than the Thanet area average. Care must be taken when comparing these two areas as confidence intervals do overlap, however the Newington rate is significantly higher than the county average.

### Figure 3.1.2 Trends in all age, all causes mortality, 2003 – 2011, Newington Electoral Ward

Thanet has a downward all cause, all age mortality trend. Comparative mortality rates for Newington lie within similar range, also with a downward trajectory.



The main causes of death in Newington are circulatory diseases (27%), cancer (27%) and respiratory diseases (24%). Within circulatory disease, roughly one quarter were due to coronary heart disease, one quarter due to heart failure and one fifth due to stroke. For cancer deaths, the site with the most deaths was lung (29%).

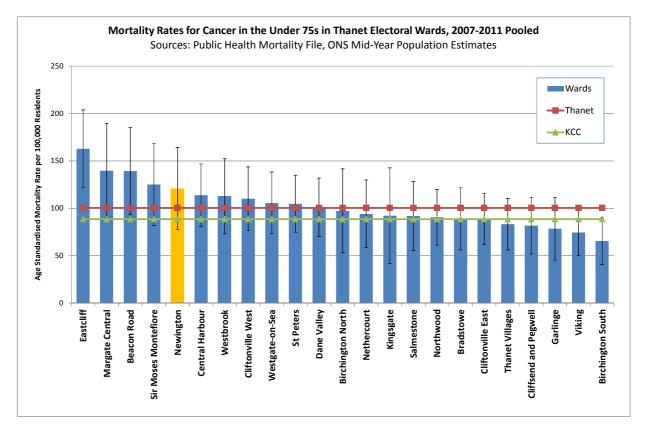
### 3.2 Mortality from all cancers, under 75

There were over 1060 cancer deaths in Thanet at age 74 or under during the period of 2002-2006 which reduced to 824 during the 2007-2011 time period, Although Newington did not have the highest rates in Thanet, mortality rates were among the highest and above the Thanet average.

Table 3.2.1 Directly age-standardised mortality rates\* (ASR) for Newington electoral ward and for Thanet, for 2007-2011 (pooled) - Under 75, ALL CANCERS

					95% Cor Inter	
Electoral Ward Code	Electoral Ward Name	Actual Number of Deaths 2007-11	Average Annual Number of Deaths	ASMR / 100,000	Lower	Upper
29UNGE	Beacon Road	37	7	139.4	93.6	185.1
29UNGF	Birchington North	30	6	97.3	52.9	141.6
29UNGG	Birchington South	35	7	65.5	40.7	90.3
29UNGH	Bradstowe	30	6	88.9	56.0	121.7
29UNGJ	Central Harbour	46	9	113.8	80.8	146.8
29UNGK	Cliffsend and Pegwell	31	6	81.7	51.8	111.5
29UNGL	Cliftonville East	46	9	88.7	61.6	115.8
29UNGM	Cliftonville West	42	8	110.2	76.7	143.6
29UNGN	Dane Valley	42	8	101.0	70.1	131.9
29UNGP	Eastcliff	61	12	162.7	121.6	203.8
29UNGQ	Garlinge	22	4	78.4	45.3	111.5
29UNGR	Kingsgate	14	3	92.2	41.7	142.7
29UNGS	Margate Central	31	6	139.6	89.7	189.5
29UNGT	Nethercourt	28	6	94.1	58.5	129.7
29UNGU	Newington	31	6	120.9	77.5	164.2
29UNGW	Northwood	38	8	90.5	61.2	119.9
29UNGX	St Peters	50	10	104.8	74.7	134.9
29UNGY	Salmestone	25	5	91.8	55.5	128.1
29UNGZ	Sir Moses Montefiore	33	7	125.0	81.7	168.2
29UNHA	Thanet Villages	38	8	83.2	56.0	110.5
29UNHB	Viking	39	8	74.5	50.3	98.6
29UNHC	Westbrook	32	6	112.7	73.0	152.3
29UNHD	Westgate-on-Sea	43	9	105.6	73.0	138.2
Thanet Total		824	165	100.4	93.3	107.4
KCC Total		7285	1457	88.5	86.5	90.6

Sources: Public Health Mortality File, ONS Mid-Year Population Estimates



## Figure 3.2.1 Directly age-standardised mortality rates for electoral wards in Thanet, 2007-2011 - under 75, ALL CANCERS

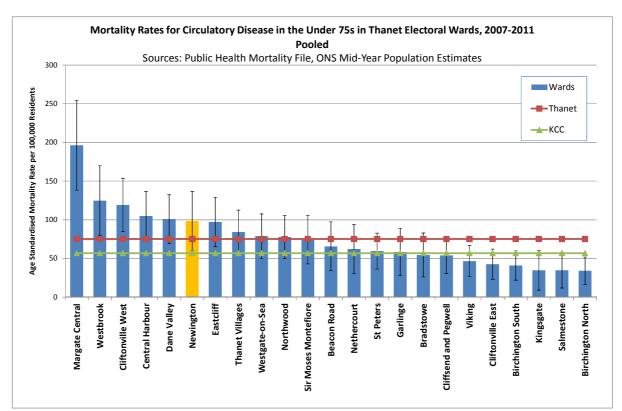
### 3.3 Mortality from all circulatory diseases, under 75

There were 747 deaths from circulatory disease in Thanet at age 74 or under during the period of 2002-2006, with an approximate male - female ratio of 2:1. During the 2007-2011 period Thanet deaths from circulatory disease reduced to 599 and the rate reduced from 90.4 to 75.1. Currently, Newington has the sixth highest mortality rate from circulatory disease of all electoral wards in the district.

### Table 3.3.1 Directly age-standardised mortality rates\* (ASR) for Newington electoral ward and for Thanet, for 2007-2011 (pooled) - Under 75, ALL CIRCULATORY DISEASE

					95% Cor Inter	
Electoral Ward Code	Electoral Ward Name	Actual Number of Deaths 2007-11	Average Annual Number of Deaths	ASMR / 100,000	Lower	Upper
29UNGE	Beacon Road	17	3	65.6	34.0	97.2
29UNGF	Birchington North	15	3	34.2	16.5	51.8
29UNGG	Birchington South	22	4	40.9	21.9	59.8
29UNGH	Bradstowe	16	3	54.6	26.1	83.0
29UNGJ	Central Harbour	42	8	104.7	72.9	136.5
29UNGK	Cliffsend and Pegwell	21	4	53.9	30.3	77.5
29UNGL	Cliftonville East	22	4	42.6	23.0	62.1
29UNGM	Cliftonville West	46	9	119.2	84.6	153.8
29UNGN	Dane Valley	40	8	100.7	69.1	132.4
29UNGP	Eastcliff	36	7	97.1	65.1	129.0
29UNGQ	Garlinge	15	3	58.4	28.0	88.7
29UNGR	Kingsgate	7	1	34.8	9.0	60.6
29UNGS	Margate Central	45	9	196.3	138.2	254.5
29UNGT	Nethercourt	16	3	62.1	30.4	93.8
29UNGU	Newington	26	5	98.2	59.9	136.5
29UNGW	Northwood	31	6	77.7	49.7	105.8
29UNGX	St Peters	28	6	59.5	36.3	82.7
29UNGY	Salmestone	9	2	34.6	11.7	57.6
29UNGZ	Sir Moses Montefiore	22	4	74.3	42.8	105.7
29UNHA	Thanet Villages	36	7	84.2	55.8	112.6
29UNHB	Viking	24	5	46.5	26.5	66.6
29UNHC	Westbrook	32	6	124.8	80.0	169.7
29UNHD	Westgate-on-Sea	31	6	78.9	50.2	107.6
Thanet Total		599	120	75.1	68.9	81.3
KCC Total		4698	940	56.9	55.2	58.5

Sources: Public Health Mortality File, ONS Mid-Year Population Estimates



## Figure 3.4.1 Directly age-standardised mortality rates for electoral wards in Thanet, 2007-2011 – Under 75, ALL CIRCULATORY DISEASE

### 3.4 Mortality from all respiratory disease, under 75

Newington has the third highest mortality rate from respiratory disease of all electoral wards in Thanet district and this is significantly higher than the county average.

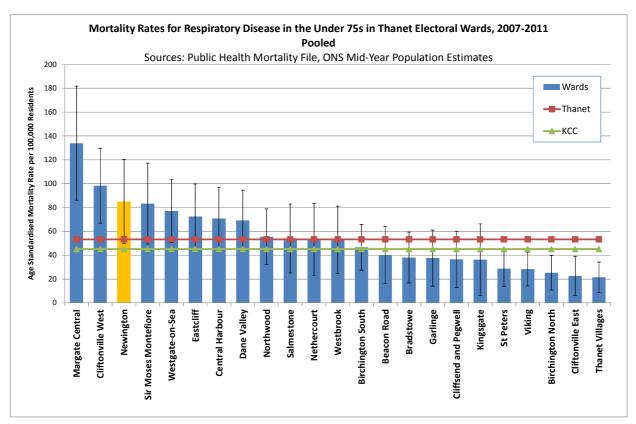
# Table 3.4.1 Directly age-standardised mortality rates\* (ASR) for Newington electoral ward and for Thanet, for 2007-2011 (pooled) - Under 75, ALL RESPIRATORY DISEASE

					95% Con Inter	
Electoral Ward Code	Electoral Ward Name	Actual Number of Deaths 2007-11	Average Annual Number of Deaths	ASMR / 100,000	Lower	Upper
29UNGE	Beacon Road	11	2	40.3	16.3	64.3
29UNGF	Birchington North	12	2	25.3	10.8	39.7
29UNGG	Birchington South	26	5	46.6	27.4	65.8
29UNGH	Bradstowe	13	3	38.1	16.8	59.3
29UNGJ	Central Harbour	28	6	70.6	44.3	96.9
29UNGK	Cliffsend and Pegwell	12	2	36.6	13.1	60.0
29UNGL	Cliftonville East	11	2	22.6	6.2	39.0
29UNGM	Cliftonville West	38	8	98.2	66.9	129.6
29UNGN	Dane Valley	29	6	69.1	43.7	94.5
29UNGP	Eastcliff	27	5	72.4	45.0	99.8
29UNGQ	Garlinge	10	2	37.6	14.1	61.2
29UNGR	Kingsgate	6	1	36.2	6.2	66.3
29UNGS	Margate Central	31	6	134.0	86.1	181.8
29UNGT	Nethercourt	13	3	53.2	23.1	83.3
29UNGU	Newington	23	5	85.1	50.0	120.3
29UNGW	Northwood	23	5	55.6	32.3	78.9
29UNGX	St Peters	15	3	28.8	13.7	44.0
29UNGY	Salmestone	14	3	54.1	25.2	82.9
29UNGZ	Sir Moses Montefiore	24	5	83.3	49.4	117.3
29UNHA	Thanet Villages	11	2	21.5	8.7	34.3
29UNHB	Viking	16	3	28.3	14.2	42.4
29UNHC	Westbrook	14	3	52.8	24.6	81.1
29UNHD	Westgate-on-Sea	34	7	76.9	50.5	103.3
Thanet Total		441	88	53.3	48.2	58.4
KCC Total		3775	755	45.1	43.7	46.6

Sources: Public Health Mortality File, ONS Mid-Year Population Estimates

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#### **In Summary**

The trend of all age all cause mortality rates not only shows Thanet to be higher than the other districts, but also shows the gap between the districts as well as the gap between Thanet and Kent and England getting wider over the 1993-2011 time period.

Mortality in the Newington area is 13% higher than the district average. Key killers for this population are circulatory disease, cancer and respiratory disease. This area had the third highest rate of death from respiratory disease within the district during 2007-2011.

### 4.0 Life expectancy

Life expectancy in Thanet is 76.5 for males and 81.5 for women, with an average of 79.1 for both sexes versus the England average life expectancy of 80.3. Newington electoral ward has the eighth lowest life expectancy (78.2 years) of all wards in the Thanet district. This is lower than the Thanet average of 79.1 years. Individually, male and female life expectancy in Newington are both seventh lowest in the district at 75.8 and 80.2 respectively. For this time period, 2006-2010, the difference, i.e. the health inequality, just across the wards in Thanet is 12.0 years.

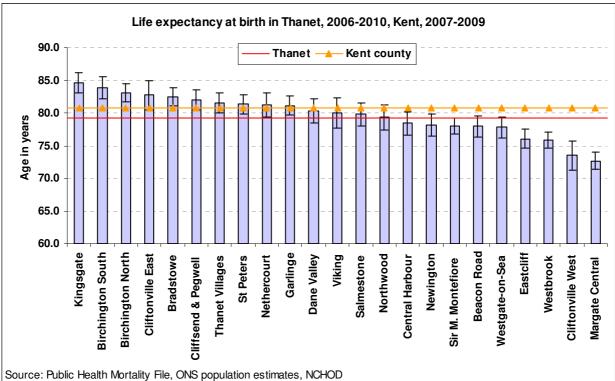
		Males			Female	s	Total		
	LE*	Confidenc	e intervals	LE*	Confidenc	e intervals	LE*	Confidenc	e intervals
Ward name		Lower	Upper		Lower	Upper	LC	Lower	Upper
Beacon Road	78.0	76.1	80.0	78.0	75.7	80.3	77.9	76.4	79.5
Birchington North	81.6	79.7	83.5	84.3	81.4	87.2	83.0	81.3	84.8
Birchington South	82.4	80.7	84.2	84.9	82.9	86.9	83.9	82.5	85.2
Bradstowe	81.1	78.6	83.7	84.0	81.0	87.1	82.4	80.2	84.6
Central Harbour	74.7	72.9	76.6	82.1	80.2	84.1	78.4	77.0	79.8
Cliffsend and Pegwell	79.4	77.1	81.6	84.4	82.3	86.5	82.0	80.5	83.5
Cliftonville East	80.6	78.9	82.3	84.8	82.4	87.3	82.7	81.2	84.2
Cliftonville West	69.6	67.5	71.8	77.7	75.8	79.6	73.5	72.0	74.9
Dane Valley	76.7	73.9	79.5	83.8	81.3	86.3	80.4	78.5	82.2
Eastcliff	72.5	70.4	74.7	79.5	77.7	81.3	76.0	74.6	77.5
Garlinge	78.3	75.6	80.9	83.6	80.9	86.2	81.1	79.3	83.0
Kingsgate	82.5	79.4	85.5	87.0	83.4	90.5	84.7	82.3	87.0
Margate Central	68.5	65.9	71.2	77.3	75.0	79.6	72.7	70.9	74.5
Nethercourt	81.5	79.2	83.8	80.6	77.7	83.6	81.2	79.3	83.1
Newington	75.8	73.2	78.4	80.2	77.8	82.7	78.2	76.4	80.0
Northwood	76.3	73.8	78.9	82.3	80.0	84.5	79.3	77.6	81.0
St Peters	78.8	76.7	80.8	83.5	82.2	84.9	81.3	80.1	82.6
Salmestone	78.1	76.1	80.1	80.9	78.2	83.5	79.8	78.2	81.4
Sir Moses Montefiore	76.5	74.1	78.8	79.3	77.1	81.6	77.9	76.3	79.6
Thanet Villages	78.2	76.3	80.2	85.0	82.9	87.1	81.6	80.1	83.0
Viking	77.5	75.5	79.5	82.6	81.4	83.8	80.0	78.8	81.2
Westbrook	72.5	69.3	75.6	79.5	76.7	82.2	75.8	73.7	78.0
Westgate-on-Sea	74.7	72.6	76.9	80.8	79.3	82.2	77.8	76.5	79.1
Thanet**	76.5	75.9	77.1	81.6	81.1	82.1	79.1	78.5	79.6
Kent CC**	78.8	78.6	78.9	82.6	82.4	82.8	80.7	80.5	80.9
England**	78.3	78.2	78.3	82.3	82.3	82.3	80.3	80.3	80.3

#### Table 4.0.1 Life expectancy at birth in Thanet – 2006-2010

Source: Public Health Mortality File, ONS population estimates

\* - Life expectancy at birth

\*\* - Data are for 2007-2009



## Figure 4.0.1 Life expectancy at birth for electoral wards in Thanet with Kent comparator 2006-2010 (pooled)

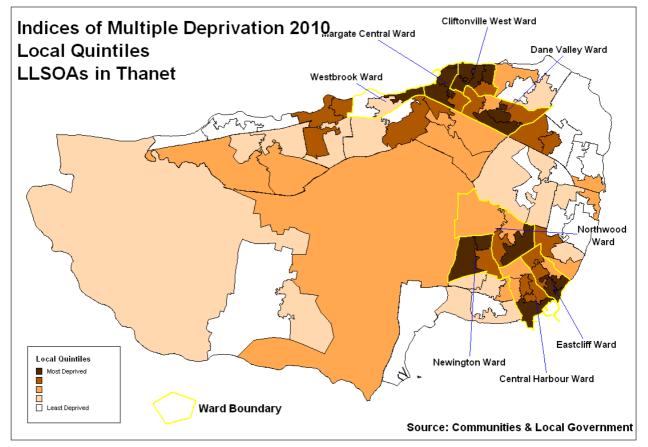
### **In Summary**

Life expectancy in Newington is 0.7 years lower than the Thanet average. By gender, the life expectancy at birth of Newington residents is 0.9 years less than the district average for males and 1.4 years less for females. There is a 12 year spread between the lowest and highest wards in Thanet district.

### 5.0 Deprivation - Index of Multiple Deprivation 2010

Figure 5.0.1 shows Newington ward as being in the top 20% of deprived wards in Kent County.





The Indices of Multiple Deprivation are constructed using 36 variables across seven domains. These domains are income, barriers to housing, health and disability, crime, education, living environment and employment. Scores are present at lower super output areas (LSOAs). LSOAs areas are constructed using populations from communities or naturally bounded areas. The number of people in an LSOA is between 1,000 and 1,500 and they are aggregated together to form electoral wards. The number of LSOAs in an electoral ward can vary from one to five depending upon the original size of the electoral ward. The above figure shows that the areas with the highest deprivation are around central Margate, central Ramsgate, Cliftonville West, Millmead and Newington.

### 6.0 Life Style Contributors to Health Inequalities.

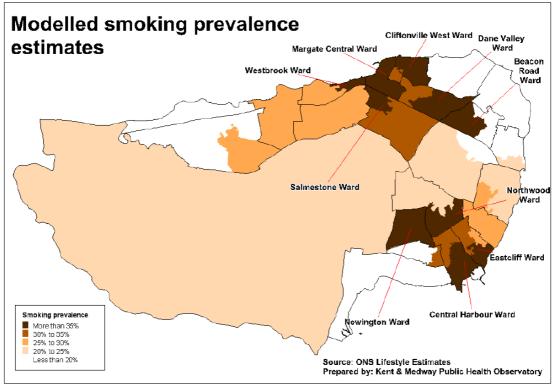
This section provides an analysis of some of the key lifestyle contributors to health inequalities as follows:

- 1. Smoking
- 2. Substance misuse
- 3. Mental Health Conditions
- 4. Sexual health
- 5. Teenage pregnancy
- 6. Healthy Weight in Children
- 7. Breastfeeding
- 8. Screening

### 6.1 Smoking

Cigarette smoking prevalence in England declined from 24.1% in 2007 to 21.4% in 2010, with little change since 2008. Smoking prevalence in Newington ward is more than 35% of the population.

### Figure 6.1.1 Smoking prevalence by LLOSAs in Thanet



The Stop Smoking Service in east Kent saw an increase in quits in Thanet in 2011/12. In Newington 122 people set a quit date and 49% of those managed to stay off cigarettes four weeks after that date.

Electoral Ward	Set a Quit Date	Quit at 4 Weeks	% Quit	& Quit Out of Each Ward
Beacon Road	75	50	67%	1.08%
Birchington North	27	19	70%	0.51%
Birchington South	70	51	73%	0.82%
Bradstowe	41	26	63%	0.64%
Central Harbour	126	59	47%	0.71%
Cliffsend and Pegwell	28	18	64%	0.38%
Cliftonville East	63	46	73%	0.73%
Cliftonville West	226	117	52%	1.27%
Dane Valley	161	86	53%	1.10%
Eastcliff	127	69	54%	0.86%
Garlinge	87	47	54%	0.97%
Kingsgate	13	10	77%	0.46%
Margate Central	156	60	38%	1.11%
Nethercourt	45	26	58%	0.57%
Newington	122	60	49%	1.19%
Northwood	129	77	60%	1.18%
Salmestone	93	56	60%	0.97%
Sir Moses Montefiore	73	46	63%	0.89%
St Peters	76	50	66%	0.71%
Thanet Villages	92	52	57%	0.77%
Viking	77	41	53%	0.58%
Westbrook	81	50	62%	1.21%
Westgate-on-Sea	130	61	47%	0.87%

### Table 6.1.1 Smoking quitters per ward in Thanet District Authority, 2011/12

Source: Kent Stop Smoking Service

#### 6.2 Substance Misuse

Data from the following tables show hospital admissions for chronic alcoholic liver disease, Inpatient hospital alcohol admissions and hospital admissions for mental and behavioural disorders due to psychoactive substance use. Generally, Newington is in the mid-range in comparison to other wards in Thanet.

There are currently a range of drug and alcohol services within the Thanet area, which are delivered by two providers: Turning Point, deliver a variety of drug and alcohol treatment for adults, whereas KCA deliver treatment services for young people.

Number of Admissions for Chronic alcoholic Liver Disease

Chronic alcoholic Liver Disease	
	2006/07 -
Wards	2012/13
Cliftonville West	143
Eastcliff	141
Margate Central	121
Central Harbour	82
Westbrook	73
Westgate-on-Sea	58
Salmestone	53
Dane Valley	49
Viking	44
Bradstowe	41
Thanet Villages	41
Newington	36
Beacon Road	30
Cliftonville East	30
Sir Moses Montefiore	28
Birchington South	24
St Peters	24
Northwood	17
Cliffsend and Pegwell	15
Garlinge	11
Nethercourt	10
Birchington North	4
Kingsgate	4

### Inpatient alcohol admission for wards in Thanet

Sex	2006/07		2007/08	2008/09	2009/10	2010/11	2011/12	2012/13	Variance 2006/07 to 2012/13	Variance 2011/12 to 2012/14
Male		314	378	467	387	441	496	450	43.3%	-9.3%
Female		174	194	189	212	257	209	229	31.6%	9.6%
People		488	572	656	599	698	705	679	39.1%	-3.7%
Under 18s		25	20	30	23	17	31	18	-28.0%	-41.9%
Ward Name	2008/09 - 2012/13		Average Annual Population Rate	2008/09 - 2012/13 Males		Average Annual Rate Males	Average Annual Rate Females			
Beacon Road	70		2.97	35	35	3.10	2.85			
Birchington North	52		2.80	38	14	4.36	1.42			
Birchington South	113		3.57	81	32	5.53	1.88			
Bradstowe	81		4.13	48	33	5.29	3.14			
Central Harbour	284		7.29	208	76	11.08	3.76			
Cliffsend and Pegwell	58		2.38	42	16	3.53	1.28			
Cliftonville East	80		2.52	48	32	3.21	1.90			
Cliftonville West	492		12.06	355	137	18.05	6.49			
Dane Valley	216		5.23	156	60	7.98	2.76			
Eastcliff	310		8.15	200	110	10.95	5.56			
Garlinge	80		3.35	50	30	4.37	2.42			
Kingsgate	17		1.60	6	11	1.18	1.98			
Margate Central	328		13.37	229	99	18.57	8.11			
Nethercourt	43		1.93	25	18	2.33	1.56			
Newington	141		5.49	84	57	6.83	4.26			
Northwood	124		3.81	83	41	5.33	2.41			
Salmestone	123		4.56	72	51	5.59	3.62			
Sir Moses Montefiore	120		4.48	69	51	5.38	3.66			
St Peters	78		2.17	48	30	2.89	1.55			
Thanet Villages	95		2.80	58	37	3.45	2.16			
Viking	101		2.90	68	33	4.02	1.84			
Westbrook	170		8.15	124	46	11.97	4.38			
Westgate-on-Sea	161		4.82	114	47	7.34	2.63			

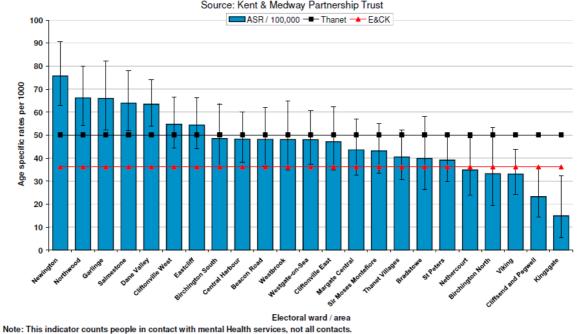
The following table details hospital admissions for mental and behavioural disorders due to psychoactive substance use, substances include alcohol, opioids, cannabinoids, sedatives, hypnotics, cocaine, hallucinogens, volatile substances and other psychoactive substances. It does not include tobacco use.

Ward code	Ward name	Total
29UNGE	Beacon Road	16
29UNGF	Birchington North	8
29UNGG	Birchington South	24
29UNGH	Bradstowe	15
29UNGJ	Central Harbour	69
29UNGK	Cliffsend and Pegwell	15
29UNGL	Cliftonville East	16
29UNGM	Cliftonville West	80
29UNGN	Dane Valley	38
29UNGP	Eastcliff	87
29UNGQ	Garlinge	5
29UNGR	Kingsgate	3
29UNGS	Margate Central	93
29UNGT	Nethercourt	13
29UNGU	Newington	21
29UNGW	Northwood	33
29UNGX	St Peters	17
29UNGY	Salmestone	23
29UNGZ	Sir Moses Montefiore	20
29UNHA	Thanet Villages	14
29UNHB	Viking	9
29UNHC	Westbrook	32
29UNHD	Westgate-on-Sea	35
Thanet Total		686

Please note the numbers given relate to hospital admissions NOT A&E attendances. Also the local authority and electoral ward relate to the patients place of residence. **Number of admissions by electoral ward** 

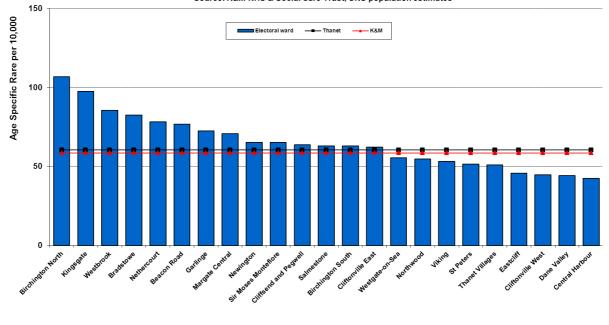
Source: SUS via Data Warehouse

#### 6.3 Mental Health



Age specific CAMHS contact rates, children & young people aged 0-18 and resident in this local authority, 2008/09 Source: Kent & Medway Partnership Trust

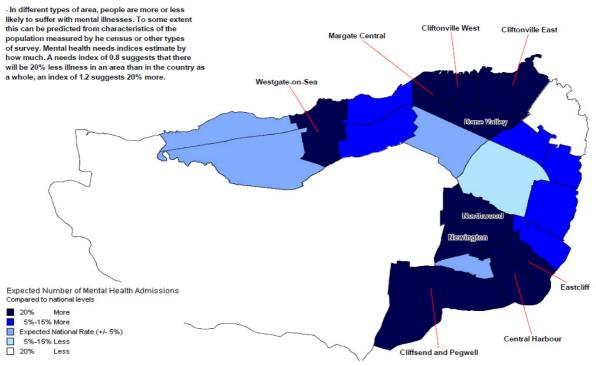
Adult Mental Illness Contact\* Rates per 10,000 for Electoral Wards in Thanet LA - Dec 2011 to Nov 2012



Source: K&M NHS & Social Care Trust, ONS population estimates

Electoral ward / area

#### Mental Illness Needs Index



Approximately 5% of all referrals to secondary mental health services in Thanet emanate from the Newington area.

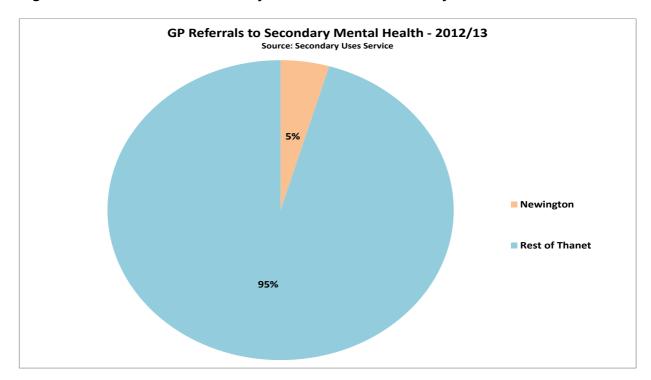


Figure 6.3.1 Referrals to Secondary mental health Services by GPs

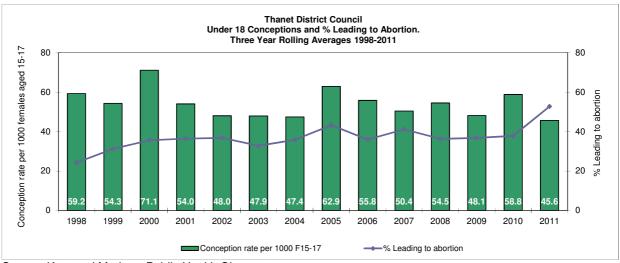
### 6.4 Teenage Conceptions

Newington ward has the 10<sup>th</sup> highest rate of teenage pregnancy of the 23 wards of the district. – a rate which sits within the 20% highest in Kent County. Past data tell us that women from poorer backgrounds are more likely to become mothers as teenagers. Teenage pregnancy reflects limited aspirations and often culturally determined notions of self-worth. It is important to aim to reduce teenage conceptions because evidence suggests that teenage mothers and their children face poorer social, economic and health outcomes than their older peers. Clinically, such outcomes include an increased risk of premature birth, low birth weight and infant death. A high teenage conception rate in an area with existing deprivation makes it more difficult to break the cycle of health inequalities<sup>1</sup>.

Since the 1998 time period, teenage conceptions in Thanet have dropped by 23% with a considerable decrease within the last year.

In Newington ward, the rate of teenage pregnancy has decreased by 35% since 2000/02 - the start of data collection at ward level. This may be due to a combination of factors including:

- Better joined up services between the community midwives, sexual health outreach nurses and the Children's Centres.
- Sexual Health Outreach nurses have been targeting reduction in second teenage conceptions.
- Rate of Long-Acting Reversible Contraception (LARC) administration in Thanet is above the Kent average.



### Figure 6.4.1 Under 18 conception rates and percentages leading to abortion in Thanet District Authority, 1998 – 2011

Source: Kent and Medway Public Health Observatory

<sup>&</sup>lt;sup>1</sup> 2011. Kent & Medway Public Health Observatory. Health and Social Care Map – Thanet Overview.

El		2000	0/02	2008	8/10		
Electoral Ward Code	Electoral Ward Name	No. Conc <18	Av. Ann. <18 Rate	No. Conc <18	Av. Ann. <18 Rate	Change in Number	Change in Rate (%)
29UNGM	Cliftonville West	42	128	69	171	27	33%
29UNGS	Margate Central	35	117	39	128	4	10%
29UNGJ	Central Harbour	25	52	31	71	6	36%
29UNHD	Westgate-on-Sea	15	48	19	54	4	12%
29UNGQ	Garlinge	16	41	24	69	8	69%
29UNGZ	Sir Moses Montefiore	15	49	21	49	6	0%
29UNGW	Northwood	30	69	23	52	-7	-25%
29UNGY	Salmestone	10	38	22	62	12	64%
29UNGN	Dane Valley	37	75	26	45	-11	-40%
29UNGP	Eastcliff	24	65	25	59	1	-9%
29UNHC	Westbrook	20	78	11	45	-9	-43%
29UNGU	Newington	31	79	21	51	-10	-35%
29UNGG	Birchington South	15	53	7	25	-8	-53%
29UNGH	Bradstowe	5	22	-	-	-	-
29UNHB	Viking	13	31	7	20	-6	-36%
29UNGT	Nethercourt	9	36	8	28	-1	-23%
29UNGX	St Peters	14	37	12	29	-2	-22%
29UNHA	Thanet Villages	5	19	11	29	6	55%
29UNGE	Beacon Road	19	55	8	23	-11	-58%
29UNGL	Cliftonville East	11	46	8	24	-3	-48%
29UNGF	Birchington North	-	-	8	53	-	-
29UNGK	Cliffsend and Pegwell	9	38	9	36	0	-4%
29UNGR	Kingsgate	-	-	-	-	-	-
Thanet Distri	ct Council Total	409	57	419	54	10	-5%
Kent County	Kent County Total		40	2978	36	-6	-11%

### Figure 6.5.2 Under 18 conception rates by electoral ward in Thanet, 2008/10

Source: Kent and Medway Public Health Observatory

### 6.6 Childhood Weight

Obesity and overweight levels in Newington in line with those of Thanet district and lower than those in Kent County as a whole.

In the larger area of Thanet about 34% of Year 6 children are classified as overweight or obese which is similar to the Kent average (33%).

People who are disadvantaged by their economic and social circumstances often have greater difficulty in acting on the advice they receive or taking up the opportunities to live healthier lifestyles than others. We must make sure that we understand the increased difficulties of this population and work to overcome them or risk an increase in health inequalities between the poorer and the better off in Kent.

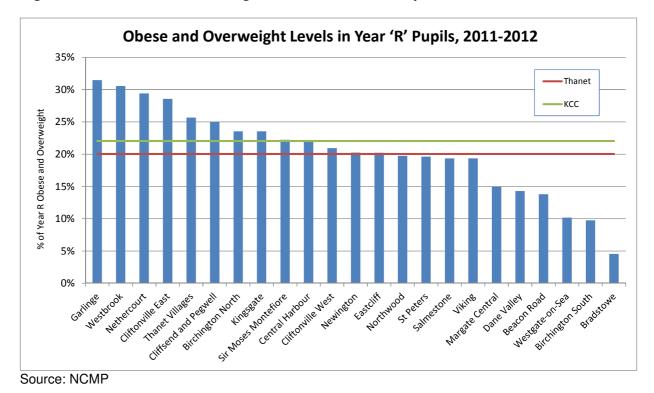


Figure 6.6.1 Obese and Overweight Levels in Year 'R' Pupils, 2011-2012

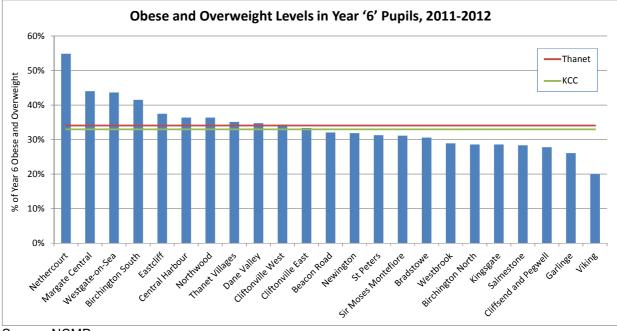


Figure 6.6.2 Obese and Overweight Levels in Year '6' Pupils, 2011-2012

Source: NCMP

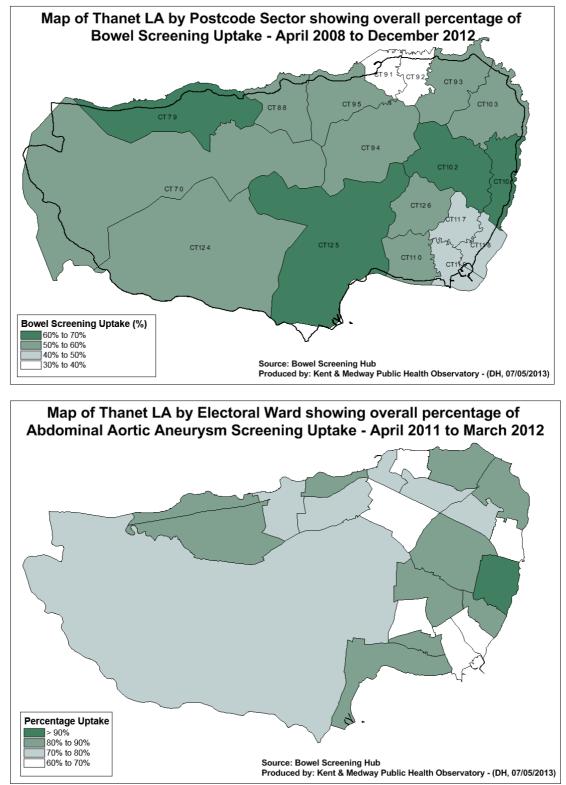
### 6.7 Breastfeeding

6-8 week breast feeding status by mother's area of residence (children's centre) - 20011/12 (Quarter 4) + 2012/13 (Quarters 1, 2 and 3)

Children Centre Area	Number of Maternities	Number of breastfed infants	Number of part breastfed infants	Number of infants not breastfed (artificial)	Number of Infants where status is unknown	Prevalence of Breast feeding	% coverage
Birchington	156	33	18	92	13	32.7%	91.7%
Callis Grange	151	45	13	66	27	38.4%	82.1%
Cliftonville	232	65	19	128	20	36.2%	91.4%
Garlinge	206	63	14	124	5	37.4%	97.6%
Millmead	164	35	18	104	7	32.3%	95.7%
Newington	161	37	12	101	11	30.4%	93.2%
Newlands	198	58	18	107	15	38.4%	92.4%
Priory	211	58	27	111	15	40.3%	92.9%
Six Bells	216	52	16	129	19	31.5%	91.2%

The data at children centre level shows that the prevalence of breastfeeding is lowest in Newington. The coverage rate should be at least 95%, so there is a need to focus on ensuring that this is increased.

#### 6.1 Screening



Breast Screening Coverage - Thanet CCG Patient - April 2009 to March 2012 (pooled data)								
Practice Name	Percentage Screened in 3 year period to March 2012							
BIRCHINGTON MEDICAL CENTRE	81.09							
MINSTER SURGERY	80.00							
ST PETER'S SURGERY	79.76							
WESTGATE SURGERY	78.87							
THE GRANGE PRACTICE	78.75							
SUMMERHILL SURGERY	78.40							
OSBORNE ROAD SURGERY	78.23							
THE BROADWAY PRACTICE	77.73							
CLIFTONVILLE SURGERY	77.18							
EAST CLIFF MEDICAL PRACTICE	76.90							
MOCKETTS WOOD SURGERY	76.06							
NORTHDOWN SURGERY	75.93							
THE ALBION ROAD SURGERY	75.71							
GARLINGE SURGERY	75.70							
DASHWOOD HOUSE	75.15							
BETHESDA MEDICAL CENTRE	73.35							
NEWINGTON ROAD SURGERY	72.52							
THE LIMES	72.33							
WICKHAM SURGERY	69.80							
UNION ROW SURGERY	67.54							
CECIL SQUARE SURGERY	59.86							
Thanet	77.88							

Ce	rvical Cytology Screening for	Thanet	CCG Pat	ients - J	an 2007	to Dec 2	012 (poc	led data	a) by age	e band	1	1
		Percentage screened by age band										1
Thanet CCG Practices	Practice Name	25-29	25-64	30-34	35-39	40-44	45-49	50-54	50-64	55-59	60-64	All Ages
G82796	THE ALBION ROAD SURGERY	87.10	92.75	97.67	97.78	98.15	93.33	90.16	89.22	92.31	85.19	92.37
G82674	CLIFTONVILLE SURGERY	82.93	89.32	82.50	87.50	91.53	95.92	91.04	90.18	95.45	84.62	89.10
G82219	ST PETER'S SURGERY	81.73	87.36	89.47	90.38	91.60	92.45	90.70	84.00	84.21	76.11	86.80
G82107	MINSTER SURGERY	74.29	85.92	90.10	88.56	87.76	90.27	87.10	83.97	85.91	78.90	85.28
G82810	GARLINGE SURGERY	73.40	85.07	89.77	89.81	86.30	90.08	86.84	82.49	80.23	77.19	84.12
G82210	OSBORNE ROAD SURGERY	71.93	83.91	83.64	79.41	84.52	91.55	91.67	86.10	77.19	86.96	83.69
G82650	MOCKETTS WOOD SURGERY	71.70	83.02	84.82	81.75	92.19	88.17	86.43	80.87	73.95	81.17	82.41
G82079	WESTGATE SURGERY	76.21	81.45	86.32	86.19	83.14	83.73	83.61	79.01	76.40	76.08	81.21
G82649	UNION ROW SURGERY	71.29	81.72	84.72	80.25	87.91	93.51	90.28	78.23	71.74	58.62	79.83
G82020	THE GRANGE PRACTICE	71.14	79.09	84.18	82.18	80.66	83.24	82.74	76.89	75.10	71.53	78.68
G82126	EAST CLIFF MEDICAL PRACTICE	69.61	78.74	80.53	83.55	86.41	85.92	78.24	73.59	73.65	68.03	77.83
G82812	WICKHAM SURGERY	74.07	78.20	83.33	82.00	89.83	71.43	86.27	74.64	65.12	70.45	77.53
G82150	NEWINGTON ROAD SURGERY	69.75	77.90	79.61	81.73	83.60	83.33	81.77	75.15	68.98	73.50	77.53
G82666	BIRCHINGTON MEDICAL CENTRE	72.54	76.63	80.86	83.89	82.64	79.46	73.33	71.86	70.04	72.27	76.35
G82630	THE BROADWAY PRACTICE	61.18	77.04	75.93	87.73	86.34	82.00	79.38	73.14	71.26	67.68	76.17
G82046	SUMMERHILL SURGERY	65.17	75.84	80.21	79.37	81.95	77.03	79.10	74.14	70.27	71.23	75.43
G82105	BETHESDA MEDICAL CENTRE	66.94	75.39	73.64	78.70	80.00	81.03	76.70	74.63	74.19	72.41	75.36
G82064	DASHWOOD HOUSE	61.98	75.21	79.84	78.11	81.96	82.04	78.19	72.57	72.30	64.57	74.68
G82052	THE LIMES	60.15	73.73	78.19	80.07	78.11	77.38	79.25	72.61	72.22	65.00	73.67
G82066	NORTHDOWN SURGERY	64.56	73.57	77.88	77.21	77.85	77.19	79.18	70.89	67.06	66.06	73.15
G82769	CECIL SQUARE SURGERY	51.25	69.23	66.22	80.60	78.08	76.06	77.08	67.24	58.62	61.54	68.59
Thanet CCG Average		70.42	80.05	82.35	83.66	85.26	84.53	83.29	77.69	75.06	72.81	79.51

### In Summary

- Smoking Smoking prevalence Newington ward is more than 35% of the population. Rates of smoking in pregnancy as well as smoking related deaths are higher in Thanet than the England average.
- Substance misuse -

Newington is generally around the mid-range for the Thanet area with regards to hospital admission rates relating to substance misuse, although Thanet has considerably higher rates compared to the county and region.

Mental Health Conditions

Newington has the highest age specific contact rates for children and adolescent mental health services. Approximately 5% of all referrals to secondary mental health services emanate from Newington area.

Teenage Pregnancy

Newington ward has a high level of teenage pregnancy with a rate of 51 under 18 conceptions per 1000 females aged 15 to 17. However, there has been a decrease in rate over the last 10 years.

• Healthy Weight in Children

Obesity and overweight levels in Newington are similar to those of Thanet district and Kent County.

• Breastfeeding Newington has the lowest 6-8 week breastfeeding prevalence rate in Thanet.

Screening

Newington generally has lower screening rates than many other areas in Thanet.

### 7.0 Acute/ Urgent Care

### 7.0.1 A&E attendances by age band, 2012/13

Electoral Ward	0-14	15-24	25-44	45-64	65-74	75+	Total	Population	Rate per 1,000 resident population
Beacon Road	324	290	351	374	133	211	1,683	4,625	363.9
Birchington North	116	82	142	254	164	423	1,181	3,703	318.9
Birchington South	273	220	354	483	331	604	2,265	6,247	362.6
Bradstowe	147	136	193	229	141	234	1,080	4,067	265.6
Central Harbour	529	522	777	607	230	347	3,012	8,264	364.5
Cliffsend and Pegwell	171	181	254	290	183	244	1,323	4,707	281.1
Cliftonville East	276	249	351	426	268	582	2,152	6,263	343.6
Cliftonville West	1,019	1,067	1,510	852	301	638	5,387	9,199	585.6
Dane Valley	898	703	980	693	262	288	3,824	7,839	487.8
Eastcliff	645	628	843	617	228	335	3,296	8,050	409.4
Garlinge	383	341	416	351	133	224	1,848	4,855	380.6
Kingsgate	99	114	83	126	86	162	670	2,158	310.5
Margate Central	662	700	946	644	221	222	3,395	5,411	627.4
Nethercourt	337	184	333	286	131	233	1,504	4,589	327.7
Newington	533	408	581	470	153	145	2,290	5,056	452.9
Northwood	458	409	634	533	278	399	2,711	6,529	415.2
Salmestone	602	474	666	516	178	314	2,750	5,776	476.1
Sir Moses Montefiore	380	265	473	342	135	221	1,816	5,151	352.6
St Peters	372	300	413	432	271	610	2,398	7,038	340.7
Thanet Villages	380	275	412	409	214	335	2,025	6,762	299.5
Viking	324	268	321	423	281	490	2,107	7,014	300.4
Westbrook	260	267	329	331	163	301	1,651	4,116	401.1
Westgate-on-Sea	422	383	474	477	241	560	2,557	6,983	366.2
Thanet	9,610	8,466	11,836	10,165	4,726	8,122	52,925	134,402	393.8
Ashford	6,629	5,280	8,267	6,399	2,711	4,405	33,691	118,400	284.6
Canterbury	5,880	8,507	9,186	7,459	3,990	7,864	42,886	150,600	284.8
Dover	5,924	5,569	7,798	7,390	3,248	5,268	35,197	111,700	315.1
Shepway	2,969	3,271	4,934	5,126	2,742	5,361	24,403	108,200	225.5
Swale	3,842	3,873	6,206	5,571	2,432	4,264	26,188	136,300	192.1
East Kent	34,854	34,966	48,227	42,110	19,849	35,284	215,290	759,602	283.4

Source: Secondary Uses Services, ONS

# Table 7.0.2 A&E Attendances by resident population 2010/11 2012/13 and rate per 1000 residents

		2010/11		2012/13				
Geographic Area	Total Number of A&E Attendances	Total Resident Population	A&E Attendance Rate per 1,000 resident population	Total Number of A&E Attendances	Total Resident Population	A&E Attendance Rate per 1,000 resident population		
Newington Ward	2,443	5,064	482.42	2,290	5,056	452.93		
Thanet LA	53,611	130,877	409.63	52,925	134,402	393.78		

Between 2010/11 and 2012/13, A&E attendance decreased 6% in Newington ward and by 1% in Thanet as a whole.

			Patients Att	ending			
Electoral Ward	Population	Once	Multiple	Total PATIENTS	Percentage of PATIENTS with multiple attendances	Percentage of Population attending A&E	Percentage of population who had multiple attendances
Beacon Road	4,625	831	329	1,160	28.4%	25.1%	7.1%
Birchington North	3,703	537	234	771	30.4%	20.8%	6.3%
Birchington South	6,247	1,016	458	1,474	31.1%	23.6%	7.3%
Bradstowe	4,067	627	182	809	22.5%	19.9%	4.5%
Central Harbour	8,264	1,445	565	2,010	28.1%	24.3%	6.8%
Cliffsend and Pegwell	4,707	704	244	948	25.7%	20.1%	5.2%
Cliftonville East	6,263	1,052	408	1,460	27.9%	23.3%	6.5%
Cliftonville West	9,199	2,251	1,061	3,312	32.0%	36.0%	11.5%
Dane Valley	7,839	1,663	816	2,479	32.9%	31.6%	10.4%
Eastcliff	8,050	1,487	671	2,158	31.1%	26.8%	8.3%
Garlinge	4,855	855	382	1,237	30.9%	25.5%	7.9%
Kingsgate	2,158	308	130	438	29.7%	20.3%	6.0%
Margate Central	5,411	1,357	689	2,046	33.7%	37.8%	12.7%
Nethercourt	4,589	773	271	1,044	26.0%	22.8%	5.9%
Newington	5,056	1,058	454	1,512	30.0%	29.9%	9.0%
Northwood	6,529	1,179	557	1,736	32.1%	26.6%	8.5%
Salmestone	5,776	1,165	579	1,744	33.2%	30.2%	10.0%
Sir Moses Montefiore	5,151	868	344	1,212	28.4%	23.5%	6.7%
St Peters	7,038	1,161	471	1,632	28.9%	23.2%	6.7%
Thanet Villages	6,762	1,070	365	1,435	25.4%	21.2%	5.4%
Viking	7,014	1,089	383	1,472	26.0%	21.0%	5.5%
Westbrook	4,116	773	325	1,098	29.6%	26.7%	7.9%
Westgate-on-Sea	6,983	1,247	480	1,727	27.8%	24.7%	6.9%
Thanet	134,402	24,516	10,398	34,914	29.8%	26.0%	7.7%
Ashford	118,400	17,330	6,102	23,432	26.0%	19.8%	5.2%
Canterbury	150,600	19,653	8,348	28,001	29.8%	18.6%	5.5%
Dover	111,700	15,539	7,073	22,612	31.3%	20.2%	6.3%
Shepway	108,200	12,245	4,363	16,608	26.3%	15.3%	4.0%
Swale	136,300	14,050	4,442	18,492	24.0%	13.6%	3.3%
East Kent	759,602	78,817	30,328	109,145	27.8%	14.4%	4.0%

 Table 7.0.3 Numbers of patients by frequency of A&E attendance, 2012/13

 Patients Attending

Source: Secondary Uses Services, ONS

### In Summary

A high proportion of Newington residents continue to inappropriately use Accident and Emergency, at a rate of 453 per 1,000 population compared to the Thanet average of 394 per 1,000. Thirty per cent of Newington residents attended A&E in 2012/13 and nine per cent of the population attended on multiple occasions. However, between 2010/11 and 2012/13 A&E attendance decreased by 6% in Newington.